

VITAL SIGNS

A Publication of The King's Daughters' Hospital and Health Services

WINTER 2012

www.kdhhs.org

Dr. Bilal Choudry accepting patients for neurology practice ...

Dr. Bilal Choudry joined the KDH Medical Staff on December 2, 2011. Dr. Choudry is a Neurologist and specializes in diagnosing and treating diseases and injuries related to the brain, spinal cord, nerves, and muscles. His office is located on the 2nd Floor of the King's Daughters' Hospital.

As a Neurologist, Dr. Choudry offers care for ...

- Strokes
- Epilepsy and Seizure disorders
- Multiple Sclerosis (MS) management
- Migraine headaches
- Neuromuscular / Movement disorders
- Dementia / Memory disorders

Dr. Choudry will be providing care for both pediatric (child) and adult patients. He joins KDH from North Oaks Medical Center in Hammond, LA, and he completed his Residency at the University of Kentucky.

Location: 2nd Floor - King's Daughters' Hospital

Appointments: 812 / 265-0806

NEW PHYSICIAN NEWS ...

Dr. Panna Patel arrives February 6

Dr. Panna Patel will join KDH on February 6, 2012 as an Internal Medicine physician. Dr. Patel will be replacing Dr. Judy Koehler who retired at the end of 2011. New patients are welcome. Dr. Patel is a native of Kentucky and graduated from Johns Hopkins University. To schedule an appointment, please call 812-265-0886. Dr. Patel will be located on the first floor of the KDH Medical Office Building.



Dr. Travis Clegg arrives in July

Dr. Travis Clegg will be joining the KDH Medical Staff as an Orthopedic Surgeon in July, 2012. Dr. Clegg is a graduate of Hanover College and is excited to return to this area. He completed his medical training at the Indiana University School of Medicine and his orthopedic residency at the University of Louisville. Dr. Clegg has served as an assistant team physician for the University of Louisville.



Learn more about KDH physicians at www.kdhhs.org. Use the main link for Find a Doctor on the front page or view our Provider Directory.

Osteoporosis Clinic focuses on bone health and fall prevention ...

Concerned about osteoporosis? Beginning in 2012, KDH will provide an Osteoporosis Clinic at the Medical Office Building adjacent to the hospital downtown.

Fifty percent of caucasian women over age 50 will sustain an osteoporosis fracture in their lifetime. Osteoporosis is a bone disease that causes loss of strength and density - making bones more likely to break (or fracture). It is often a "silent disease" because many people don't know they have it until after they sustain a fracture.

The goal of the Osteoporosis Clinic is to help patients understand their risk of osteoporosis and guide them through the process of prevention, detection, and treatment.

Call Dr. Paul Rosenberg at 812/265-0848 or Vikki Conners at 812/265-0865 to schedule an appointment.

Bone density testing (a DEXA test) can help determine how strong your bones are and if you may have osteopenia or osteoporosis. If your bones are weak, consider these options: bone strength may be improved through proper nutrition (Vitamin D and Calcium), by not smoking, and by increased exercise.

For prevention: Women age 19-50 need 1,000 mg of calcium a day; women over 50 need 1,200. Those under age 50 need 400-800 IU of Vitamin D daily, while those over 50 need between 800-1,000 IU.



Vikki Conners
Nurse Practitioner



Dr. Paul Rosenberg
Orthopedics

APPOINTMENTS
812 / 265-0848
812 / 265-0865

You can reduce your risk of falling by wearing properly fitted shoes, by reducing clutter, and by having adequate lighting.



Making changes to save you money and serve you better

Do you have questions about your bill or insurance coverage?

Call our Business Office at **812 / 265-0161** for Customer Service.

You may also ask a question at www.kdhhs.org

Use the Patients link and select: Ask a billing question. It's available at any time.

We have been working hard to reduce the cost of healthcare.

In early 2012, many patients will see reduced out-of-pocket expenses for common x-rays, bone density tests, and mammograms. We are accomplishing this goal through changes in our billing process. The x-rays, bone density tests, and mammograms ordered and performed in a physician's office will be billed by the physician's office. This will enable the insurance company to process claims differently, resulting in reduced out-of-pocket expense for patients. This new process will save you money without changing access to medical exams.

More pricing changes ahead ...

We are also working with insurance companies to reduce pricing for MRI's, CT scans, and laboratory tests. Our goal is to have these price reductions in place in the first quarter of 2012. More information will be provided once the process is complete.

More appointment options serve you better

When you need an appointment with your doctor or primary care provider, it's nice to know that he or she is available. We're working hard to meet your needs by offering more appointment options.

Several providers also offer extended hours: *Please see the physicians and nurse practitioners listed to your right.*

"When you work during the day, it can be challenging to coordinate medical care between work and school. That's why we've added new appointment options - many of them later in the day and during lunch," said Denine Hallgarth, Vice President of Physician Services for KDH. "We recognize that patients have to balance time away from home and work when they or a family member needs a medical appointment. We will continue to evaluate how we can better serve our patients."

Call your primary care provider to ask about new appointment options. We will do our best to accommodate your schedule.



Extended Hours:

OB/GYN

Dr. Kelli Hertz

Mondays until 6:30 p.m.

Dr. Tobi Hough

Thursdays until 7:00 p.m.

FAMILY PRACTICE

Alice Carlson

Tuesdays until 6:00 p.m.

Vikki Conners

Thursdays until 6:00 p.m.

PEDIATRICS

Dr. Sue Stack

Mondays until 6:00 p.m.

Dr. Holly Robinson

Mondays until 6:30 p.m.

Dr. Pat Stack

Tuesdays until 6:00 p.m.

Dr. Sarah Marshall

Tuesdays until 5:00 p.m.

More options - Page 3

Do you need a primary care provider ?

Several KDH providers are accepting new patients. If you need help finding a physician, call 812-265-5211 or one of our physician offices. Here are the phone numbers:

- Hanover Clinic - 812 / 866-3301
- Hilltop Clinic - 812 / 273-7700
- Medical Office Building - 812 / 265-0800
- Trimble County Medical Bldg - 502 / 268-5500
- Carrollton: Riverbourne - 502 / 732-6956
- KDMB Versailles (Dr. Willhite) - 812 / 689-5101
- Vevay: Dr. Scott Frede (Peds/IM) - 812 / 427-9564
- Vevay: Dr. Marc Willage (Family) - 812 / 427-2911
- Madison Pediatrics - 812 / 273-5437



Dr. Barry Pecha



Dr. Aaron Becker

FIRST UROLOGY

Dr. Aaron Becker

Mondays and Wednesdays

Dr. Barry Pecha

Tuesdays and Fridays

Nurse Practitioner(s)

Monday - Friday

Partnership with First Urology will improve patient access

Partnering with First Urology, KDH will be able to provide patients with more access to urology services in Madison. Starting January 23, Dr. Aaron Becker will be in Madison on Mondays and Wednesdays with Dr. Barry Pecha here on Tuesdays and Fridays. A nurse practitioner with First Urology will be at KDH five days a week.

Patients may call 812-265-0894 for appointments. New patients are welcome. Patients will be seen in the Medical Office Building at the same location used by Dr. Gil Weizer, who is relocating to Cincinnati after January 19th.

Dr. Aaron Becker is a graduate of the University of Kentucky School of Medicine, and he completed his residency at the University of Toledo. His clinical interests include urologic cancers, kidney stones, incontinence, and treatment of BPH (enlarged prostate).

Dr. Barry Pecha graduated from the University of Tennessee School of Medicine and received his urology training at the University of Cincinnati. He is Board Certified by the American Board of Urology.

Appointments: 812 / 265-0894 | New patients welcome

Journey to Serve You Better ...



In addition to our New KDH Blog, we provide updates about our building project via Facebook and Twitter. We also post a variety of photos via Facebook.

facebook.com/KDHMadison
twitter.com/KDHMadison

Here's what's ahead this winter ...

Site work will continue with ...

- Interior framing and infrastructure
- Exterior work as weather permits.
- Interior finishing work will rotate from the 4th floor to the basement. This work will continue into the spring.



Physicians, employees, and volunteers of the King's Daughters' Hospital are proud to help the organization meet its mission to improve the health of our patients through care, service, and education. Providing quality, efficient healthcare 24 hours a day, seven days a week, 365 days a year is our most valuable contribution to the communities we serve.

At the same time, KDH provides a significant impact to the local economy. KDH is a major employer and purchaser of goods and services. Across the country, hospitals are critical to the economic viability of local communities.

Consider both the direct impact on our local economy as well as the indirect or "ripple" effect of the dollars generated through KDH. Combined, these two measures generated an estimated 1,300 jobs and over \$102 million dollars in payroll during the 2010 calendar year. Add in supply purchases and capital spending, and the total impact KDH made on the local economy was an estimated \$153,230,000.

In 2010, King's Daughters' Hospital employed 800 healthcare professionals with a total payroll of \$61,626,000. Many of these funds were reinvested into the local community - creating and supporting other jobs. When calculated out, the dollars spent on groceries, clothing, mortgage payments, rent, etc. generated approximately \$102,620,000 in economic activity.

Infrastructure

In 2010, KDH spent \$2,997,000 on buildings and equipment. Additional capital spending accounted for \$4,990,000 toward the local economy. In 2011, Wehr Constructors has employed an average of 170 persons per day at the new hospital site. Over a 52-week (one-year) period, that generates \$41,017 in local tax revenue for Jefferson County. Indiana payroll taxes will total \$175,385. Many of those workers eat at local restaurants and buy goods and services in the local community.

Purchased services

KDH spends about \$27,395,000 per year on the goods and services it needs to provide healthcare - medical supplies, electricity, food, etc. When these dollars are reinvested by other local businesses, the funds generate about \$45,620,000 for the local economy.

Grants

In 2010 and 2011, KDH served as the local agency for two Indiana Tobacco Cessation Prevention grants that totaled \$84,750. These funds provide education, counseling, and assistance to patients and individuals who want to quit tobacco use. Funds also support education and prevention programs in local schools.

HOW DOES KDH BENEFIT THE LOCAL ECONOMY

Direct and indirect impact on our community (2010)

JOBS	1,300
Payroll	\$102,620,000
Supply Purchases	\$45,620,000
Capital Spending	\$4,990,000
Total Impact	\$153,230,000

CARING FOR OUR COMMUNITY

Serving others is what we do (2010)

Inpatient Admissions	3,600
Outpatient visits / procedures	154,000
Emergency Room visits	18,000
Physician office visits	131,000
Newborn delivers (OB)	420

CHARITY CARE / UNREIMBURSED CARE

Providing care for everyone

2010 Charity Care	\$1,327,858
2011 Charity Care (Jan-Oct)	\$1,137,528
2010 Unreimbursed Care	\$23,366,098
2011 Unreimbursed Care (Jan-Oct)	\$18,769,479
Total	\$44,600,963

AMBULANCE SERVICES TO JEFFERSON COUNTY

Saving county tax payers money

1985 KDH began providing Ambulance Services
1997 KDH offered EMS without financial assistance
From 1997-2011, this has provided a savings of \$1.4 million to taxpayers in Jefferson County. Each year, KDH absorbs an EMS operating loss of about \$800,000.

More than 110 years ago, the Bethany Circle of King's Daughters and Sons founded the King's Daughters' Hospital for one purpose: to provide medical care for local families. We remain committed to this purpose regardless of a patient's ability to pay.

In 2010, KDH provided \$1,327,858 in direct charity care. Patients that receive charity care are not billed for services. Charity care is provided with no anticipation of payment. In tough times, our commitment to delivering care is increasingly important. From January through October of 2011, charity care totaled \$1,137,528.

The federal government continues to reduce its Medicare and Medicaid payments to hospitals across the country. When treating Medicare patients, KDH receives only 76 percent of the cost of care; and about 37 percent for Medicaid patients. We combine these numbers as unreimbursed or uncompensated care. The numbers reflect actual costs to KDH in terms of employee wages, supplies, etc. In 2010, our unreimbursed costs were \$23,366,098. From January through October 2011, our unreimbursed care was \$18,769,479.

Since October 1, 1985, KDH has been Jefferson County's 911 ambulance provider. The hospital was certified in advanced life support in September 1988 and continues to serve Jefferson County today. This provides a significant savings to Jefferson County taxpayers, as the county is responsible for providing Emergency Medical Services. Since 1997, KDH has provided ambulance services without any financial support from the county. This has saved Jefferson County taxpayers \$1.4 million dollars.

Every year, the hospital absorbs an average operating loss of over \$800,000 to provide ambulance coverage. The loss is the difference between the actual costs of staffing, ambulances, fuel, medication, and materials versus the amount of dollars received for care provided.

Why I practice here ...



"I've had the opportunity to deliver babies for people who were some of my best friends in high school. That is pretty cool."
- Jennifer Roney, MD

Why I chose to practice in my hometown area:

Dr. Jennifer Roney: I know the community and the people. My family and friends were here. I've had the opportunity to deliver babies for people who were some of my best friends in high school. That is pretty cool.
Dr. Robert Mulford: It's my hometown. I enjoy being here. I like caring for people here, and I love living on my farm.

Dr. Michael Willhite: Practicing medicine in my hometown area enabled me to return to an already "established community" in terms of family and friends.

Dr. Kelli Hertz: I always knew I wanted to return to Madison to practice medicine. I love this community and all it has to offer. I'm also close to my family. The hospital was very helpful by allowing me to do an internship here after I was accepted into medical school. I was able to be exposed to all of the specialties. That is when I decided on OB/GYN as my career.

Dr. Mark Totten: After working on an Indian Reservation for two years, Dr. (Schirmer) Riley found out I was trying to make a decision about where to practice and invited me to check out the clinic when I was back in town. He had known my parents and that's how we got together. We are very happy.

Dr. Tom Eckert: I was not a big city person. I thought I was, but I realized the benefits of small town life. Being around family and making a difference in people lives is rewarding. It's also nice to give back to the community that helped me growing up. Coming back to Madison has been a big benefit to me, and I wouldn't change my decision.



"I'm a small town guy. I grew up in Hanover and went to southwestern. Being around family and friends is nice."
- Mark Totten, MD

How will the new hospital most benefit patients?

Dr. Jennifer Roney: From an OB perspective, having the operating rooms and the delivery suites on the same floor is ideal. Quality of care won't change; we've always provided high quality care. The new facility will be more visitor friendly. There will be a nice viewing area for families to observe babies, and the amenities will be improved.

Dr. Robert Mulford: For us, the new hospital is slightly closer and that will make it easier for some patients to access care.

Dr. Kelli Hertz: The new hospital will be more conducive to healing, especially for the post-operative patients because the rooms are all private. There will be a waiting area for the family that will allow the patient's support people to congregate away from other patients that might be resting.

Dr. Mark Totten: Our job as physicians is to use it well. There will be many success stories and people will receive great healthcare. It will be a very fine medical facility that will be available to everyone. We take care of everyone.

Dr. Tom Eckert: It's important to keep up with competition and for attracting new physicians that the community needs. The quality of care here is exceptional. If we're unable to attract new physicians it will be difficult to continue that long term.



"I like a slower lifestyle. I see a variety of patients and have the opportunity to provide a variety of care. That is very rewarding."
- Robert Mulford, MD

"It's rewarding to make an impact on people that you know. They appreciate that you can help them. Coming back to Madison ... I wouldn't change my decision."
- Tom Eckert, MD

What do you most enjoy about practicing medicine in a small community?

Dr. Jennifer Roney: Working with staff members that you know throughout the hospital and with physicians that you know. The community aspect of the hospital is very important.

Dr. Robert Mulford: I like a slower lifestyle and not having to fight traffic jams every day. I see a variety of patients and have the opportunity to provide a variety of care. That is very rewarding.

Dr. Michael Willhite: The relational element of delivering care is enhanced through the very nature of "small community" life, where my current position affords me the awesome privilege of ministering the gospel to those in need.

Dr. Kelli Hertz: I love taking care of an entire family: mom, grandma, and daughter. It's been a pleasure to be a part of many of my friends' childbirth experiences. It's nice to see patients on the street or in the store with their kids.

Dr. Mark Totten: I'm a small town guy. I grew up in Hanover and went to Southwestern. I like the people and to live in an area that's not as busy as a city. Being around family and friends is nice.

Dr. Tom Eckert: In some ways it makes your job easier because you know the family history, and you can see the whole picture. It's rewarding to make an impact on people that you know. They appreciate that you can help them.

"I always knew I wanted to return to Madison to practice medicine. I love taking care of an entire family: mom, grandma, and daughter. It's nice to see patients on the street or in the store with their kids."

- Kelli Hertz, MD

What personal successes, activities, or stories would you like to share?

Dr. Jennifer Roney: When you're a role model it's important to try to be a role model. No one is perfect. But it's important to try to do the things you tell your patients to do. My husband, Jason, and I own a gym and we try to promote fitness.

Dr. Robert Mulford: My farm is the main thing. We've turned it into a wildlife viewing area. I enjoy nature activities. I've also spent 25 years on the Board for the Friendship Bank and have been involved with several other business pursuits.

Dr. Michael Willhite: My wife, Julie, and I have enjoyed 18 years of marriage and recently celebrated the birth of our sixth child. We rejoice in the opportunity to serve our family and community.

Dr. Kelli Hertz: I'm a Board Certified OB/GYN and Fellow of the AMOG (American College of Obstetrics and Gynecology). I'm a member of Tri-Kappa, a service organization in Indiana.

Dr. Mark Totten: I'm involved now with the Gideons, and I have plenty of hobbies. There's always something for me to try. I like to follow local sports teams.

Dr. Tom Eckert: I've served on several Boards over the years including Historic Madison. I think it's important to take what's unique in our town and to preserve the way we live here. It's a special thing.

"My wife, Julie, and I have enjoyed 18 years of marriage and recently celebrated the birth of our sixth child. We rejoice in our opportunity to serve our family and community."

- Michael Willhite, MD



SHINING STARS

Cindy McKay Physician Services

A co-worker wrote:
Cindy is undoubtedly one of the most pleasant and positive employees I have ever been fortunate enough to work with. She truly goes above and beyond to help the clinics any way she can by always working long hours and keeping a positive attitude and bright personality. She has willingly helped with many disasters including but not limited to: tornado cleanup, storm damage, lack of electricity, flooded buildings at Main Street and Carrollton, and ice and snow storms. Recently, she stepped up to the plate again during some of the hottest and most oppressive summer days on record. During this time she was upbeat, joking, and made the job at hand more tolerable to everyone.



Renda Mills Emergency Medical Svcs

A co-worker wrote:
On a day when the Emergency Department received many patients in a short amount of time, Renda noticed how busy the nurses were and immediately jumped in to help. She successfully started an IV on an ill patient and was a huge help to the nurses. She is definitely deserving of a Shining Star.



Nominate a Shining Star or share your story...

We have many exceptional team members throughout the King's Daughters' Hospital organization. Perhaps you've met a few of them. We would love to hear your stories about the great care you've received. Maybe it was someone in the lab, at your doctor's office, in the dining room, or somewhere else. We award a Shining Star every month, and many of our Shining Star recipients were nominated by patients. You can nominate a Shining Star or share your story at www.kdhhs.org.

Expanded Appointment Options ...

Continued from Page 1

FAMILY PRACTICE

Dr. Alan Culbreth
Tuesdays until 5:00 p.m.
Dr. Herb Hay
Tuesdays/Wednesdays until 5:00 p.m.
Dr. John Hossler
Tuesdays until 5:00 p.m.
Dr. Miner/Murphy
Mondays until 5:00 p.m.
Dr. Laura Nutter
Tuesdays/Wednesdays until 5:00 p.m.
Dr. Phillip Ross
Tuesdays/Thursdays until 5:00 p.m.
Dr. Marc Willage
Tuesdays/Thursdays until 5:00 p.m.
Dr. Michael Willhite
Mondays/Thursdays until 5:00 p.m.
Wednesdays from 1:00 to 4:00 p.m.
Dona Meers
Mondays/Wedne, ARNPsdays to Fridays until 5:00 p.m.

INTERNAL MEDICINE

Dr. Tom Eckert
Wednesdays until 5:00 p.m.
Dr. Scott Frede

INTERNAL MEDICINE

Dr. Michael Guirguis
Mondays/Tuesdays,Thursdays,Fridays until 4:45 p.m.
Dr. Michael Israel
Wednesdays until 5:00 p.m.
OB/GYN
Dr. Tina Odaffer
Mondays until 4:30 p.m.
Thursdays until 5:00 p.m.
Fridays until 4:00 p.m.
Dr. Jennifer Roney
Tuesdays until 4:00 p.m.
Wednesdays until 5:00 p.m.
Rene Moore, MSN WHNP-C
Tuesdays/Wednesdays until 5:00 p.m.
Thursdays until 4:00 p.m.

ORTHOPEDICS

Dr. Paul Rosenberg
Wednesdays until 5:00 p.m.

Call your Medical Provider
For a full list of appointment options and times. We are working hard to serve you better.

Would you like to quit tobacco use ?

Would you or someone you know like to quit tobacco use? Help is available. In Indiana, call the Indiana Tobacco Quitline at 1-800-QUIT-NOW.

Smoking cessation education and counseling are available. You may also contact Elizabeth Auxier, Tobacco Cessation Coordinator at 812/265-0598. She can assist you with information and help provide resources such as nicotine patches and/or gum to those who are serious about quitting tobacco use. Make it a healthier 2012. Call the Quitline today.



Ivy Tech will host Speaking of Women's Health on January 21

Thanks to leadership from Ivy Tech Community College and support from the King's Daughters' Hospital as the presenting sponsor, Speaking of Women's Health is back. The sold-out event is set for Saturday, January 21 at Ivy Tech in Madison.



Speaking of Women's Health provides a day of fun, education, and information for women throughout the region. Although some of the lavish decor of past events might be missing, women will still be treated to a variety of health screenings, breakout sessions, and a keynote presentation.

Health Fair options will include bone density screening, a balance screening to determine your risk of falling, an oral health screening, proper foot sizing (for shoes), a hearing evaluation, skin assessment and massage.

The keynote speaker is Dr. Suzanne Metzger who will talk about the value of female friends. Ms. Metzger is a past presenter and returns to the Madison conference in 2012.

Featured Sponsor: King's Daughters' Hospital and Health Services

Community Partners: Digital Printing, Inc., Farmers Bank of Milton, Madison McDonalds, Madison Courier, MainSource Bank, Morgan & Nay, River Valley Financial Bank, Royer Corporation, Vehicle Services Group, Walmart

KEYNOTE SPEAKER

Dr. Suzanne Metzger

The value of women friends.

BREAKOUT SESSIONS INCLUDE

No Bones About It

Everything you always wanted to know but were afraid to ask your gynecologist

Discovering a new way to eat healthy

Journey back to the table

Yoga at your desk

Financial Health

Germ Warfare

Fabulous Bra Fitting

Supercharge your Health

Heart Health

Reclaiming and Embracing Your Sexual Self

Organizing Your Life

Moody Blues: Women and their Moods

Zumba

Estate Planning

Sick and Tired of being Sick and Tired

Being Well: Tips for Women

Caring for the Caregiver



Yoga, CPR, and Safe Sitter on the move ...

Beginning in 2012, KDH will no longer be offering Yoga classes. The good news: many of the local instructors will teach similar classes through a new yoga studio called: YogaINMadison. For more information on class dates and times, contact Becky Staab at yogainmadison@gmail.com.

Safe Sitter - We thank the Lide White Boys and Girls Club for continuing this important community program. Contact LWBGC at 812/265-5811 for the 2012 class dates and times.

Creating Positive Relationships (CPR) - We thank Choices for Women for assuming the role as lead agency for CPR and for continuing to teach CPR in our local schools. Creating Positive Relationships is an abstinence-based sexual education class for students in Grades 6-8. Contact Choices for Women at 812/273-0400 for more information or to support the program.

Safely disposing of medical sharps ...

As more people use syringes (needles), lancets, and fingerstick devices at home to manage diabetes and other conditions, it's important to dispose of medical sharps properly. The U.S. Food and Drug Administration (FDA) recommends these safety tips:

- Immediately put used sharps in a safe disposal container. Be sure the container has a tight-fitting lid and that it is resistant to leaks and punctures.
- Keep sharps and disposal containers outside the reach of kids/pets.
- Never put sharps in the trash, recycling bin, or down the toilet.
- Do not try to break or recap sharps used by someone else.

For more information about how to dispose of sharps containers, contact your county Health Department. In Jefferson County (IN) call 812/273-1942.

Dr. Bob Schiavone now at Carrollton ...

Dr. Bob Schiavone is providing part-time coverage at our Riverbourne Medical Center in Carrollton, Kentucky. He is helping Dr. Cecil Martin and Nurse Practitioner Dona Meers. Dr. Molly Rutherford ended her tenure with KDH on December 9. We wish her the very best. Dr. Schiavone has provided care at Riverbourne for many years when providers were on vacation. To schedule an appointment, call 502/732-6956. New patients are welcome. We are currently recruiting a new full-time physician.

KDH promotes Hallgarth to Vice President of Physician Practice Management

Denine Fallis-Hallgarth has been promoted to Vice President of Physician Practice Management at King's Daughters' Hospital. She replaces Mike Burnett who retired on December 2 after 26 years of service. Hallgarth has over 25 years of experience in healthcare and was born and raised in Madison.

"I'm pleased to have the opportunity to further help serve the healthcare needs of people in this area," Hallgarth said. "Mike provided great leadership during his tenure, and we will certainly miss him."

Burnett first worked at KDH from 1981-1985 as Director of Business Operations. He then served as the Administrator of the former Madison Clinic before completing his Vice President's role from 1997-2011.

"I would especially like to thank Dr. Larry Williams," Burnett said. "He was a patient mentor during my initial tenure (at the Clinic). I also want to thank Roger Allman and the Board for giving me the opportunity to help the organization meet its mission."



ABOVE: Denine Hallgarth, left, shares a smile with Mike Burnett prior to his retirement. The two worked together for many years at KDH. Hallgarth began her role as Vice President on December 2, 2011.

COMMUNITY CALENDAR

812-265-0128

Sign-up online at www.kdhhs.org



REGISTER ONLINE ...

See our new Calendar layout only at www.kdhhs.org.

January

YOGA

Contact YogainMadison at yogainmadison@gmail.com for their 2012 Yoga Schedule. See note above in News and Notes.

Breastfeeding Plus Class

Class is Tuesday, January 3 from 12:00 to 1:00 p.m. at the Medical Office Building Conference Center. Call 812-265-0214.

Making Waves - Warm Water Exercise

Beneficial for individuals with arthritis, fibromyalgia, and joint pain. Variety of class times and days of week available. Classes meet twice per week and run from January 9 - February 16 at the KDH Rehabilitation Center. Registration required. Cost: \$70. Call Marci at 812-265-0545.

Seniorize

Great program for adults that focuses on strength-building, flexibility, and improved balance. Activities are fun. Next series runs January 10 - February 16 - meeting Tuesdays/Thursdays. Time: 1:00 - 2:00 p.m. Cost is \$50 for 6 weeks. Call the KDH Rehabilitation Center at 812-265-0545.

Athletic Enhancement

Help your junior high or high school athlete reach their full potential. Course focuses on core strength, agility, and flexibility. Students will be more explosive and reduce their risk of injury. Classes are Mondays and Wednesdays from January 9 to February 15 at the KDH Rehab Center. Time: 4:30 - 6:00 p.m. Cost is \$150 per student. Call if you have several members of a team wanting to take the class together.

Prepared Childbirth Essentials

Newly updated four-week series that covers the labor and delivery process, Cesarean birth, pain management, and breastfeeding. Classes meet Wednesdays from January 4-25. FREE if delivering at KDH (\$25 for others). Class time is 6:30 to 8:30 p.m. at KDH Medical Office Building. Call Natalie at 812-265-0215 to register or get more information.

Speaking of Women's Health

SWH returns to Madison on Saturday, January 21 at Ivy Tech Community College. Thanks to your interest, the 2012 conference is sold out. Information about the 2013 conference will be available later this year. King's Daughters' Hospital is the Presenting Sponsor for the conference.

Lamaze Childbirth Classes

Classes can be scheduled by appointment and will be presented in a one-on-one format with parents. Call 812-265-0215 for more information or to schedule a meeting date and time.

February

Sibling Class

Class is Wednesday, February 8 from 6:30 to 7:30 p.m. in the Medical Building Conference Center. Call 812-265-0215. Course is a one-hour program for future big brothers and sisters. Cost is \$5 per sibling. Parents are encouraged to attend the class.

Healthcare Provider Certification

Class is Friday, February 10 from 8:00 a.m. until 12:00 p.m. at the KDH Medical Office Building. Cost is \$50. For class specifics and/or to register call Laurie at 812-265-0393. Class is for healthcare professions who need CPR Provider Certification.

Seniorize

Great program for adults that focuses on strength-building, flexibility and improved balance. Activities are fun. This series runs February 28 to April 5 - meeting Tuesdays/Thursdays. Time: 1:00 - 2:00 p.m. Cost is \$50 for 6 weeks. Call the KDH Rehabilitation Center at 812-265-0545.

Making Waves - Warm Water Exercise

Beneficial for individuals with arthritis, fibromyalgia, and joint pain. Variety of class times and days of week available. Classes meet twice per week and run from February 27 - April 5 at the KDH Rehabilitation Center. Cost: \$70. Registration required. Call Marci at 812-265-0545.

Lamaze Childbirth Classes

Classes can be scheduled by appointment and will be presented in a one-on-one format with parents. Call 812-265-0215.

* The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the Association.

March

Community First-Aid/CPR

Class is Saturday, March 17 from 8:00 a.m. until 1:00 p.m. at the KDH Medical Office Building. Cost is \$30. Call Laurie at 812-265-0393 to learn more. Registration required.

Prepared Childbirth Essentials - Weekend

Newly updated series that covers the labor and delivery process, Cesarean birth, pain management, and breastfeeding. The weekend class condenses a four-week program into a single day. Class meets Saturday, March 3 from 9:00 a.m. to 3:00 p.m. with an hour for lunch (on your own). Free course if delivering at KDH; there is a \$25 fee for everyone else.

Breastfeeding Plus Class

Class is Tuesday, March 6 from 12:00 to 1:00 p.m. at the Medical Office Building Conference Center. Call 812-265-0214.

Lamaze Childbirth Classes

Classes can be scheduled by appointment and will be presented in a one-on-one format with parents. Call 812-265-0215.

Colon Cancer Awareness Month

Talk to your doctor about appropriate screenings for colon cancer. More information will be available soon.

Volunteers

Hospice Volunteer meetings

Hospice volunteer meetings are scheduled for January 26, February 23, and March 29. Call Paula Limato at 812-265-0129 for more information about being a hospice volunteer. Training is provided, and the experience is very rewarding.

Support Groups

Diabetes Support Group

Meetings schedule to be announced for 2012. Call 265-0611 for more information.

Surviving Spouse Support Group

Meetings are Tuesdays: Jan. 10, Feb. 14, March 13 from 5:00 - 6:30 p.m. in the Medical Building Conference Center. Call 265-0586.

Breast Cancer Support Group

Meetings are Thursdays: Jan. 26, Feb. 23, March 22. Group meets from 6:00 - 8:00 p.m. Call 265-0330 for details.